



## 10-Week MAiD Grief Recovery Support Groups for Individuals Grieving a MAiD Death

- Are you someone who has lived experience with a MAiD death?
- Would you like to connect with others who are also grieving a loss of an individual who chose Medical Assistance in Dying?

### Hosted Live over Zoom:

**For Individuals Grieving the Loss of their Spouse:**  
Thursdays from 12:30-2pm EST (April 14 to June 23\*)

\*No group May 12

**For All Individuals Grieving a MAiD Loss:**  
Tuesdays from 2-3:30pm EST (April 19 to June 21)

*Our goal is to provide a safe, caring, and supportive environment, where people can heal and recover from the loss when someone you know chooses a medically assisted death.*

- Groups are facilitated on Zoom by trained volunteer(s)
- No counselling is provided and participation is voluntary
- No cost – suggested donation of \$25 per person is appreciated
- Once you RSVP, you will be contacted by email to complete the registration process

TO REGISTER, CHECK OUT OUR  
CALENDAR OF EVENTS  
ON THE WEBSITE

[www.bridgec14.org](http://www.bridgec14.org)  
[info@bridgec14.org](mailto:info@bridgec14.org)