

## 10-Week MAiD Grief Recovery Support Group - Loss of a Parent -

- Are you grieving a MAiD loss of a parent?
- Would you like to participate in a structured group with others who are going through this as well?
- Our goal is to provide a safe, caring, and supportive environment, where people can heal and recover from the loss of a loved one when they choose a medically assisted death.

## Wednesdays from February 1 to April 5 7-8:30pm EST | 4-5:30pm PST

- Sessions are facilitated on Zoom by trained volunteer(s)
- No counselling is provided and participation is voluntary
- No cost suggested donation of \$25 per person is appreciated
   (more information can be found here: www.bridgec14.org/donate)