



ONLINE DROP-IN SESSIONS JANUARY + FEBRUARY 2024 SCHEDULE

INDIVIDUALS CONSIDERING / PURSUING MAiD

Fridays

11am-12pm PT | 2-3pm ET

January 12

February

INDIVIDUALS GRIEVING A MAiD LOSS (OPEN)

Thursdays

4-5pm PT | 7-8pm ET

January 4

February 1

INDIVIDUALS SUPPORTING SOMEONE CHOOSING MAiD

Fridays

8-9am PT | 11am-12pm ET

January 5 + 19

February 2 + 16

INDIVIDUALS GRIEVING A MAiD LOSS OF THEIR SPOUSE

Thursdays

4-5pm PT | 7-8pm ET

January 18

February 15

- Sessions are facilitated on Zoom by trained volunteer(s)
- No counselling is provided and participation is voluntary
- Must join within the first 10mins
- No cost – suggested donation of \$5 per person is appreciated

INDIVIDUALS GRIEVING A MAiD LOSS OF THEIR PARENT

Thursdays

4-5pm PT | 7-8pm ET

January 25

February 22

TO REGISTER, CHECK OUT OUR
CALENDAR OF EVENTS
ON THE WEBSITE

www.bridgec14.org

info@bridgec14.org