

MEDICAL ASSISTANCE IN DYING (MAID) PEER GROUP MEETINGS



WHEN: 4th Monday of each month

Time: 7:00 p.m. – 8:30 p.m.

LOCATION: Meetings are held virtually on Zoom during the COVID-19 Pandemic. Once restrictions are lifted, in person meetings will resume at Community Living, 8 Royal Road, Guelph, ON

The MAID Peer Group is open to all families, caregivers and volunteers. If you have been touched by Medical Assistance in Dying (MAID), you are welcome to share your experience and grief in an open, safe and supportive environment

About Us

- Members of this group offer informal support, including one-on-one time to share personal experiences surrounding MAID.
- This group meets monthly to discuss personal encounters with MAID in efforts to improve patient and family experience.
- If you are looking for grief support, please contact 310-2222 (no area code required).

Why Join?

"I continue to be so thankful to have the MAID Peer group in my life. It is a forum where one can speak about all aspects of a MAID death: why the decision for MAID, the feelings, discussions and thoughts prior to the DATE. Then the actual process of MAID. We learn that each experience is unique and conducted as the person wishes and there are a few funny stories. When it is over, there was, for us, a deep sadness but an overwhelming sense of relief: our David was able to have his wish and to be free of not being able to breathe, speak, swallow etc.

When someone passes away everyone grieves. When approaching a MAID death, the grief starts before the person has died but you have to manage that emotion so as not to upset your loved one who is being so strong and brave. Then when your loved one is gone, you really need people to talk to who have experienced the same type of death. Chatting to someone who is grieving due to a "regular" death is not adequate and actually not very helpful.

Thank you to the LHIN for organizing this special group where we can come together and share our stories and gain strength from each other!" – M.P., Maid Peer Group Participant

QUESTIONS? Please contact:

email: maidpeergroup.ww@lhins.on.ca
310-2222 (no area code required)