



10-Week MAiD Grief Recovery Support Group - Loss of a Spouse -

- Are you grieving a MAiD loss of a spouse?
- Would you like to participate in a structured group with others who are going through this as well?
- Our goal is to provide a safe, caring, and supportive environment, where people can heal and recover from the loss of a loved one when they choose a medically assisted death.

Thursdays from February 2 to April 6

7-8:30pm EST | 4-5:30pm PST

- Sessions are facilitated on Zoom by trained volunteer(s)
- No counselling is provided and participation is voluntary
- No cost – suggested donation of \$25 per person is appreciated
(more information can be found here: www.bridgec14.org/donate)

Please register by email to info@bridgec14.org.
Once registered you will receive the Zoom link for the session