



## ONLINE DROP-IN SESSIONS MARCH + APRIL 2023 SCHEDULE

### INDIVIDUALS CONSIDERING / CHOOSING MAiD

*Fridays*

March 10 + 24

April 14 + 28

### INDIVIDUALS GRIEVING A MAiD LOSS

*Tuesdays*

March 7

April 4

### INDIVIDUALS SUPPORTING SOMEONE CHOOSING MAiD

*Fridays*

March 3, 17 + 31

April 21

### INDIVIDUALS GRIEVING A MAiD LOSS OF THEIR SPOUSE

*Thursdays*

March 16

April 27

- Sessions are facilitated on Zoom by trained volunteer(s)
- No counselling is provided and participation is voluntary
- No cost – suggested donation of \$5 per person is appreciated

### INDIVIDUALS GRIEVING A MAiD LOSS OF THEIR PARENT

March 21

April 19

TO REGISTER, CHECK OUT OUR  
CALENDAR OF EVENTS  
ON THE WEBSITE

[www.bridgec14.org](http://www.bridgec14.org)

[info@bridgec14.org](mailto:info@bridgec14.org)