

Monthly Drop-In Session

Topic Specific

1 Preview:

Themed drop-in sessions offer participants a focused and supportive environment to explore specific topics related to end-of-life care and medical assistance in dying (MAiD). These sessions provide opportunities for participants to delve deeper into relevant themes, share experiences, and access resources tailored to their needs. By addressing specific aspects of choosing, grieving, or considering MAiD, themed drop-in sessions help participants navigate complex emotions, make informed decisions, and find comfort and support in their journey.

2 Purpose:

The purpose of the Bridge C-14 topic-guided sessions is to provide a supportive and informative platform for individuals to explore and discuss sensitive topics related to Medical Assistance in Dying (MAiD). These sessions aim to facilitate open dialogue, promote understanding, and foster resilience among participants as they navigate complex end-of-life care conversations with loved ones.

3 Upcoming Sessions:

- Initiating Conversations Apr. 15, 2024
- Planning my MAiD Day May 20, 2024
- Dealing with Disagreements June 17, 2024
- Barriers to Support July 15, 2024
- Legal and Ethical Considerations Aug. 19, 2024
- Spiritual and Emotional Preparedness Sept. 16, 2024
- Advanced Care Planning Oct. 21, 2024
- Medical Consultations Nov. 18, 2024
- Legacy and Memory Dec. 16, 2024
- Cultural Perspectives Jan. 20, 2025
- Exploring Alternatives Feb. 17, 2025
- Community Resources Mar. 17, 2025

Come join us as we gather to navigate the complexities of end-of-life care and MAiD. Our sessions provide a supportive space for sharing experiences, gaining insights, and accessing valuable resources.

Whether you're considering MAiD, navigating grief, or seeking support, Bridge C-14 is here to guide you on your journey.